

# ODTÜ AİKİDO DOJOSU 7-6 KYU (DERECE) SINAVI TEKNİKLERİ

Tachiwaza

Aihanmi Katate Dori

İkkyo  
İriminage  
Kotegaeshi  
Shihonage  
Kokyunage

Shomenuchi

İkkyo  
İriminage  
Kotegaeshi  
Kokyunage