

ODTÜ AİKİDO DOJOSU 3-2 KYU (DERECE) SINAVI TEKNİKLERİ

Suwariwaza

Jodan Tsuki	İkkyo Kotegaeshi
Kata Dori	İkkyo Nikkyo Sankyo Kokyunage
Ryokata Dori	İkkyo
Ryote Dori	Kokyuho
Shomenuchi	İkkyo Nikkyo Sankyo Yonkyo İriminage Kotegaeshi Soto Kaiten Nage
Yokomenuchi	İkkyo İriminage Kotegaeshi

Hamnihandachiwaza

Katatedori	İkkyo Nikkyo Shihonage Uchikaitennage Sotokaitennage Tenchinage Sumiotoshi Kokyunage
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Tachiwaza

Katate Dori	İkkyo Nikkyo Sankyo
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	Yonkyo Iriminage Kotegaeshi Shihonage Tenshinage Udekiminage Koshinage Atemiwaza Uchikaitennage Sotokaitennage Uchi Kaiten Nikkyo Kokyunage
Kata Dori	Ikkyo Nikkyo Atemiwaza
Chudan Tsuki	Ikkyo Iriminage Kotegaeshi Udekiminage Sumi otoshi Hijikimeosae Soto Kaiten Nage Uchi Kaiten Nikkyo Kokyu nage Atemiwaza
Jodan Tsuki	Ikkyo Nikkyo Sankyo Kotegaeshi Shihonage
Kata Dori Men Uchi	Ikkyo Iriminage Kotegaeshi Shihonage Koshinage
Mae Geri	iriminage
Morote Dori	Ikkyo Nikkyo Iriminage Kotegaeshi Shihonage Kokyunage

Muna Dori
Ikkyo
Shihonage
Uchi Kaiten Sankyo

Ryote Dori
Ikkyo
Iriminage
Kotegaeshi
Shihonage
Tenchinage
Udekiminage
Kokyunage

Shomenuchi
Ikkyo
Nikkyo
Sankyo
Yonkyo
Gokyo
Iriminage
Kotegaeshi
Shihonage
Soto Kaiten Nage
Uchi Kaiten Nage
Uchi Kaiten Nikkyo
Koshinage
Kokyunage

Yokomen Uchi
Ikkyo
Nikkyo
Sankyo
Yonkyo
Gokyo
Iriminage
Kotegaeshi
Shihonage
Tenchinage
Udekiminage
Uchi Kaiten Nage
Udekiminage
Koshinage

Ushirowaza
Ryote Dori
Ikkyo
Nikkyo
Sankyo
Yonkyo
Iriminage
Kotegaeshi

Shihonage
Atemiwaza
Hijikimosae
Koshinage
Kokyunage

Ryo Hiji Dori

Iriminage
Kotegaeshi

Ryo Kata Dori

Ikkyo
Nikkyo
Sankyo
Iriminage
Kotegaeshi

Katate Dori Kubishime

Ikkyo

Eri Dori

Ikkyo